

Lifting Young Families Towards Excellence

Having their childhoods cut short by the responsibilities of parenting, many young mothers and fathers struggle to complete their education and achieve their dreams.

Lifting Young Families Towards Excellence (LYFTE) improves the lives of young families, parents and children, through an integrated approach to life-skills development, focusing on health, education, and employment.

By providing case management with wrap-around services to evidence based programs, such as Early Head Start, LYFTE helps young parents in three rural communities across Kansas expand their vision of what is possible. LYFTE embraces a youth-centered approach that incorporates technology-driven mentorship and incentives, rewarding participants who take the necessary steps to become self-sufficient members of their communities.

LYFTE needs the support of community members and policy makers to identify effective partnerships, bring service providers together, and work as a team to truly LYFTE up young families.



PRIORITY AREAS

HEALTH CARE

Receive regular perinatal and preventive health services which are youth-focused and trauma-informed

CAREER DEVELOPMENT

Progress toward self-sufficiency/independence via education attainment, career planning, and life skills development

HEALTHY RELATIONSHIPS

Progress toward healthy family relationships and resilience



LINKAGES & REFERRALS

Access to sustainable system of linkages and referrals among providers

EDUCATION

Progress toward education goals during program participation

PARENTAL SUPPORT

Progress toward grandparent engagement with grandchild, and provision of parental supports to their young-adult mothers and fathers

